

Elise Johnson

Profile

Elise Johnson is a Raleigh, North Carolina-based chef.

Chef Elise is becoming well-known for her TV cooking segments “*Cooking with Elise*”, her blogging at www.Cooking-WithElise.com and as Chef Spokesperson for BJ’s Wholesale Club.

Chef Elise’s first cookbook, You Never Cook Alone, was released in April 2012.

The book’s sub-title “*Stirring Memories, Feeding Souls and Building Legacies – A Cookbook for the Well Fed Family*” reflects Elise’s mission of helping families understand and capture the powerful energy that cooking and eating together contributes to building emotionally and spiritually healthy families and friendships.

Chef Elise grew up near Boston. A speech impediment kept Elise from talking until she was sixteen. Her Portuguese grandmother’s kitchen became her refuge. Elise’s grandmother, who spoke little English, taught her to cook with the most important ingredient of all – love.

Elise put that same love into the meals she created for her own family. After numerous requests, Elise began teaching her friends, children and college students to cook. Now through personal appearances, classes, TV, the Internet and her new cookbook, she shares that love with others.

Elise and her husband Mike are “open-nesters” now that both sons are in college. But, they come home frequently, often with friends who want to sample the food and fun of Cooking with Elise.

In an amazing transformation, the child-who-never-spoke her own name has become the funny, passionate outspoken Chef Elise whom many are calling the “Portuguese Paula Deen”.



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**High resolution photos may be downloaded along with other backgrounders from
www.CookingwithElise.com/Newsroom**